

## Code of Ethics and Practice Guidelines

### OUR MISSION STATEMENT

To inspire, educate and empower people to make a difference in the world using their intuition and the practice of Reiki.

*“Intuitive Reiki is when we are in an open and receptive state, and we begin to see the world and our clients through the eyes of source; we intuitively develop compassion not only for others but also for ourselves, leading to greater self-love and healing on all levels”.*

*Lisa Brandis*

Whether you are a Reiki practitioner or using Reiki for personal use, there are certain standards that we advocate to preserve both the wellbeing of both yourself and your clients.

- Have **respect** for the history, tradition and energy of Reiki.
- Make a commitment to actively practice and promote the Reiki principles.
- Conduct treatments & teaching in a responsible manner, consistent with the safety, health and welfare of the community.
- Use the term "client", instead of the term "patient".
- Ask permission to channel Reiki prior to treating anyone. Some people do not wish to experience Reiki. Therefore, it's their decision and respect their freedom to choose. Honour all clients with equality and without discrimination.
- Before doing Reiki on someone, give a brief description of what happens during a session, explain what Intuitive Reiki is, and clarify if they are open to receiving your messages and guidance. Respect their decision.
- Make sure you are as comfortable as possible while doing a treatment, and provide a safe and nurturing treatment room, which is free from distractions.
- Respect touch and boundary issues for each client. It is not necessary for your client to dis-robe for a Reiki treatment. Reiki energy works straight through fabric and knowledge of this will often help to put your client at ease. Do not exploit clients financially, sexually, emotionally or otherwise.
- If possible, treat the whole physical body rather than just attending to the spots that hurt or show symptoms, so that the underlying cause of an illness or imbalance can be reached more easily.
- Be **humble** - you have not healed your client. You are a channel for Reiki (Universal Life Force) energy and once accepted by the receivers, they heal themselves. Seek to empower your clients rather than have them become reliant on you as a practitioner.
- Work with egoless **intent**. Prior to conducting a Reiki session, set a clear intention to work for the highest good of both yourself and your client.
- First quiet your mind and align to source energy prior to working with your client. The symbols 2 & 3 give you the power to access the essence of a person. This information does not belong to you, so pass

it on to the person concerned with the **love and honour** that was intended when it was passed on to you, and then allow the person to interpret, for themselves, what that message means.

- Most of us are not medical practitioners and it is for this reason that we **do not diagnose**, prescribe medications (including herbs, vitamins or homeopathies) or suggest that the client change prescribed treatment or medication or interfere with a treatment programme of a licensed health care provider. However, you may suggest referrals to licensed medical or psychological professionals when appropriate.
- **Do not promise healing.** Explain that Reiki sessions do not guarantee a cure and are not a substitute for appropriate medical care. Rather, during the course of treatments, suggest that they be monitored by their doctor in case their medications need to be changed, reduced or eliminated due to the results of Reiki.
- Privacy – Treat all information given to you with confidentiality. Any information that is discussed in a Reiki session is to be kept strictly confidential between you and the client at all times, except as required by law.
- Client records - Maintain and keep secure, clear factual records of all treatments, and write notes on any guidance given.
- When working with children, make sure you have the permission of the parent or guardian. Also ensure that the parent/guardian is present for the session. A Working With Children Check is required by a person if they engage in certain paid or unpaid work with children, described as 'child-related work' under the WWC Act.
- Undertake appropriate professional development courses and continue your own personal practice of Reiki.
- When working in other institutions, follow their required protocols when providing treatments.
- Obtain appropriate Insurance cover if you intend to be a practicing Reiki practitioner.
- Respect all other Reiki practitioners as well as other health workers and their respective modalities.

In addition to the above, as a professional Reiki practitioner you are required to abide by the National Code of Conduct for all health care providers.

See Reiki Australia ([www.reikiaustralia.com.au](http://www.reikiaustralia.com.au)) details for the new **National Code of Conduct for Reiki Practitioners**.

**Above all, enjoy what you do!**

By signing below, I agree to adopt, follow and support the above mentioned code of ethics and practice guidelines.

Name	
Signature	
Date	